Independent Study Physical Education: Pacific Trails Middle School

First Day of School Informational Meeting

1. Introductions

- a. Mrs. Storey Assistant Principal & ISPE Coordinator
- b. Mrs. Graciano AP Secretary
- 2. **Email Communication** → patricia.storey@sduhsd.net or lisa.graciano@sduhsd.net

3. Assignments

- a. ISPE Log of Physical Activity
 - i. Students are responsible for their logs NOT PARENTS Due dates are posted now and will not change this year. There will be reminders from the school to help you, but are not to be relied upon.
 - ii. Logs are to be turned in through Google Classroom. <u>You need to set yourself up on Google Classroom and complete the first assignment (back of this paper)</u> by September 7th. Google Classroom Code: uhzq60

b. Evaluations

- i. At the end of each semester ISPE students must complete a self-evaluation and submit a coach evaluation. They are due one week before the end of the semester for grading purposes.
- ii. Evaluations are turned in through our Google Classroom class

Assignments	Q1- Fall 2018	Q2 - Winter 2019	Q3 - Spring 2019	Q4 - Summer 2019
	October 24	January 18	March 29	June 7
Activity Log	X	Х	X	Х
Self and Coach Evaluations		Х		Х

- 4. **ISPE Grading** is based on meeting the requirements = Pass or Fail
- 5. Fitness Exam Requirements \rightarrow 7th grade students only
 - a. Coordinated with PE Department in the Spring
 - b. Must come to appointment to remain eligible for ISPE in your 8th and 9th grade years.

6. Leaving Campus & Pick-Up:

- a. All students must be off campus during his/her ISPE period. You may pick up your student BEFORE lunch (12:30pm) or AFTER lunch (1:05pm). Students may not leave during the lunch period.
- 7. Students are NOT ALLOWED on campus during their ISPE period except for a few school wide events. We will notify you when these events occur.

WELCOME TO ISPE ASSIGNMENT

I am so glad you are going to participate in independent study program for PE! This assignment is to make sure you know and understand how to submit an assignment using Google Classroom and to record your goals for the year. Please read the following and answer accordingly. If you have any questions, please post them to the class discussion board.

All assignments will be completed and submitted electronically through Google Classroom application.

All assignments are due one week prior to the end of the grading period so Mrs. Storey can review and provide an accurate grade on-time. Assignments turned in late will earn 50% credit and those after grades have been posted will not be accepted - no exceptions. There is plenty of time to turn in work and if you need technical help, please see Mrs. Storey or Mrs. Graciano well before the due date to ensure you are able to be on time with your assignments

The due dates for the 2018-2019 ISPE class assignments are as follows:

Fall Semester

October 24

1st Quarter Activity Logs

January 18

2nd Quarter Activity Logs Self Evaluation Coach's Evaluation

Spring Semester

March 29

3rd Quarter Activity Logs

June 7

4th Quarter Activity Logs Self Evaluation Coach's Evaluation

Grades for the class will be either a P (pass) or an F (fail). Students who earn a 60% or greater in the class will receive a pass and students who earn 59.9% or less will receive an F in the course.

Your first assignment is titled "ISPE Fall Goals". Please take the time to type your goals you submitted or maybe re-submitted, for this year in ISPE. Use the provided document and insert your name into the title. Once you have typed the goals, please click the "Turn In" button at the top.

Once you complete this assignment, look to the Physical Activity Log and begin working on that by adding your name and activity. It is here that you will keep track of hours of activity throughout each quarter.

Please ask if you need help....

Mrs. Storey